

Evaluation of Appropriate Lung Cancer Screening Follow - up

Michelle Ho, MD, Adlai Grayson, MD, Brian Bresnahan, PhD, Jonathan Medverd, MD, Charles Watt, MS, Katie DeCell, ARNP, Matthew Triplette, MD, Hamid Chalian, MD, Sudhakar Pipavath, MD

Objective and Methods



Identify whether there are differences in follow up for lung cancer screening (LCS) patients empaneled at different sites within the enterprise



Provide recommendations for improvements in the LCS process

Inclusion criteria:

 LCS-Empaneled patients with Lung-RADS 3 (2023) or Lung-RADS 4 (2021-2023) results

Exclusion criteria

- If death occurred during the adherence time frame
- If index scan after 7/1/2023 (Lung RADS 3), 9/1/2023 (Lung-RADS 4A), or 12/1/2023 (Lung-RADS 4B and 4X)

Chart Review:

- Index scan LDCT with positive Lung-RADS 3, 4A, 4B, or 4X findings
- Follow up clinical visit any clinical or telemedicine visit following index scan date where LDCT results discussed
- Follow up imaging and procedures CT, PET, lung biopsy, bronchoscopy with sampling.

Methods



Cohort A

 Patients empaneled within the multi-hospital system including neighborhood clinics and academic medical center





Adherence definitions:

- **Standard window**: Defined based on Lung-RADS 2022 management recommendations
- Adherence window: 30 day "grace period" following standard window
- **Delayed care**: Any care occurring after the adherence window considered delayed follow up

Results | Demographics, All Patients



haracteristic	Value				
	n	(%)			
Male sex	123	(70%)			
Race					
American Indian or Alaska Native	5	(3%)			
Asian	10	(6%)			
Black or African American	13	(7%)			
Native Hawaiian or Other Pacific Islander	0	(0%)			
White	141	(81%)			
Multiple Races	1	(1%)			
Ethnicity					
Hispanic or Latino	3	(2%)			
Not Hispanic or Latino	163	(93%)			
Lung-RADS score					
3	27	(15%)			
4A	75	(43%)			
4B	53	(30%)			
4X	20	(11%)			

Results | Primary Outcomes

No significant difference between appropriate and delayed follow up between Cohorts A and B for Lung RAD 3, 4A, 4B or 4X patients



Results | Primary Outcomes

Appropriateness by LR4-subtype

For all Lung RAD 4A, 4B, and 4X patients (Cohorts A and B), no significant difference between appropriate and delayed follow up



p-value is .57. The result is not significant at p < .05. UNIVERSITY *of* WASHINGTON



Appropriateness by LR-4 subtype

p-value is 0.81. The result is not significant at p < .05.

Results | Secondary Outcomes

All Sites					Lung-RADS					
		All (n=175)		3 (n=27)		4A (n=75)		4B/4X (n=73)		
		n	(%)	n	(%)	n	(%)	n	(%)	
Type of follow-up (first event)										
	СТ	27	15%	2	7%	20	27%	5	7%	
	PET/CT	11	6%	0	0%	3	4%	8	11%	
	Clinical	127	73%	19	70%	50	67%	58	79%	
	Procedure	2	1%	0	0%	0	0%	2	3%	
Delayed follow-up		33	19%	7	26%	15	20%	11	15%	

UNIVERSITY of WASHINGTON

Note: Delayed follow up defined as any care occurring after the adherence window

Results | Secondary Outcomes

No significant difference in type of follow up received between Cohorts A & B for Lung RADS 4B and 4X patients.



Results | Secondary Outcomes

Higher percentage of 4B patients in Cohort B undergo procedure to follow up index nodule compared to a higher percentage in Cohort A who undergo CT or PET/CT.



Distribution of Follow-Up Type by Cohort, LR-4X

p-value is 0.03. The result is **significant** at p < .05.* UNIVERSITY *of* WASHINGTON *Small sample size, trends are suggestive.



p-value is 0.40. The result is *not significant* at p < .05.

Summary and Recommendations

- No significant difference between appropriate and delayed follow up between Cohorts A and B for Lung RAD 3, 4A, 4B or 4X patients
- Higher proportion of delayed exams for Lung RADS 3 compared to Lung RADS 4A and 4X
- For Lung RADS 4B patients, higher proportion of Cohort B patients underwent follow-up procedure whereas Cohort A patients underwent follow-up CT or PET/CT

Summary



Continue to fund LCS programs and collaboration between local community centers and leaders

- Further investigate impacts of social determinants of health and other demographic information, including insurance
- Continue partnership between radiology and clinical teams to further QI and research

• Small data set for this QI project

- Non-randomized methodology
- Variation between patients empaneled at different sites

Recommendations



